

REGULATION

DESCRIPTION OF THE RACE

The "Duathlon dei Leoni" is a promotional sporting event for running and mountain biking organized by our sporting association ASD Gruppo Generali Trieste (hereinafter "ASD").

The event will start at 15:00 on Saturday, 24 June 2023.

The route is a closed loop of about 8.5 km on a mainly dirt road/trail surface, to be covered 3 times: the first run on foot and the following two by mountain bike.

It is possible to participate as individuals or in couples: individuals will have to cover both fractions first by running and then by mountain bike, couples will cover the route as relay race.

Mountain bikes cannot be like "e-bike" or pedal assisted type.

The departure and arrival will take place inside the parking lot of the Campo Sportivo in Visogliano (Duino-Aurisina municipality).

Everyone who participates in the event does so under their own responsibility, relieving the organizers and collaborators of any accident/Injury that may occur before, during and after the event, as a result and/or consequence of the same.

Registration and subsequent participation entail complete knowledge and unconditional acceptance of what is reported in these REGULATIONS in all its parts as well as in compliance with the instructions given and the decisions taken by the Race Direction.

Anyone intending to participate in the event must be in possession of the necessary psycho-physical requirements documented by the valid competitive medical certificate, relieving the organization of any type of liability.

Each participant, by signing the registration form, authorizes the organizers of the event to use photographic and/or television material that portrays him/her collected before, during and after the event for promotion and dissemination of the event itself.

REGISTRATION

Registration for the "Duathlon dei Leoni" is open to runners and bikers who have turned 16 on the date of the event. For children under 18, parents will be asked to sign an authorization form.

At the same time as the "*Duathlon dei Leoni*", the "**7th Trofeo dei Leoni**" takes place, in the same way as the "Duathlon" but with a special ranking reserved for members of the ASD Gruppo Generali Trieste, employees of the Generali Group and their familiar members.

Registration takes place by completing and signing the online registration form available on the ASD website www.asdgeneralitrieste.it in the "Gare" (Races) section.

By submitting the registration form, you declare that you have read the regulation and express your consent to the use of data as required by the Information on the protection of personal data (Legislative Decree 196/03) mentioned at the end of this regulation.

It is mandatory to present a medical certificate for competitive sports activities for the disciplines of the competition to be attached to the registration form, valid on the date of the competition (24 June 2023).

For members of the ASD it will be sufficient to indicate on the registration form the expiry date of the medical examination and that the medical certificate is already in possession of the ASD. Once registered, each couple will receive an identification race bib number to be placed clearly visible on the runner's chest and on the biker's back which must be displayed for the entire duration of the competition.

At the end of the event, upon return of the microchip and race bib number, an individual award will be given. The renunciation of a team member or a couple before the date of the event must be promptly communicated by email to the organization and in any case by Tuesday 20 June 2023. After this date, there will be no right to receive a refund of the registration fee. The replacement of a member of the pair or in any case any variation in the pair must be

promptly communicated via email to the organization by the closing date for registrations and in any case by Tuesday 20 June 2023.

It is possible to enroll in the "Couples" categories even individually by indicating one's sport discipline chosen (runner or biker role).

The organization will match runners and biker with an unquestionable draw, based on availability, accepting requests based on the order in which the registration form is presented.

Registration fee:

The registration fee is €25 (€20 + €5 deposit for the microchip) per person.

The following discounted rates are reserved for members of the ASD, employees of the Generali Group and their families:

o €19 (€14 + €5 microchip deposit) per person until June 4, 2023,

o €22 (€17 + €5 microchip deposit) per person from 5 to 20 June 2023

The €5 deposit will be refunded upon return of the microchip at the end of the race.

The registration fee must be paid when completing the registration form by bank transfer to the current account held in the name of ASD Gruppo Generali Trieste at Banca Generali, IBAN: IT18K0307502200CC0010272198, causal: "Duathlon dei Leoni – name and surname".

The registration fee includes individual recognition, health care, post-race refreshments and final dinner.

Registration will officially open on Monday 29 May 2023. Members of the ASD, employees of the Generali Group and family members will be able to register from Monday 22 May 2023.

The deadline for registrations is strictly set for Tuesday 20 June 2023, or at reaching the limit of 100 teams. Registrations are not accepted on the day of the race.

CATEGORIES

The teams will be identified by a unique name chosen by the athletes and will be divided into 5 categories:

CM – Male couples;

CF – Female Couples;

CX – Mixed pairs.

SM – Men's singles

SF – Women's singles

Rankings will be drawn up for all 5 categories

HEALTH CARE

Present on site

GENERAL RULES

The Competitors must behave correctly and irreproachably towards all the athletes in the competition, the public present and the staff.

It is required to maintain maximum fair play and to facilitate any overtaking of the fastest runners and bikers.

It is absolutely forbidden to cut the course, under penalty of immediate disqualification of the whole team.

Participants undertake to respect the environment that hosts them.

The event will take place in any weather condition.

The Race Direction may, at any time and without question, suspend the event for safety reasons or disqualify a participant for reasons deemed serious or harmful behaviour.

It is mandatory for all bikers to wear a PROTECTIVE HELMET for the entire duration of the race.

Only duly registered members and the organizational staff can travel the route during the hours of the event.

After the runners' departure and for the entire duration of the event, it is absolutely FORBIDDEN TO USE THE SIGNED COURSE.

Any complaints for any reason by the competitors must be sent in writing to the Race Direction upon payment of €25.00 which will not be returned.

The Race Direction will assess the seriousness of the fact and decide on any measures.

Once the various partial and general classifications have been displayed, in the absence of disputes and 30 minutes have passed, the ARRIVAL ORDER WILL BECOME OFFICIAL.

PATH

The route will have a length of about 8.5 km on mainly dirt road/trail and will have to be repeated three times, the first lap running and the remaining two laps by mountain bike. There will be a refreshment point in the transition/finish area

DEPARTURE ARRIVAL

The event will start at 15:00 on Saturday 24 June 2023.

The departure, arrival and changeover will take place inside the parking lot of the Campo Sportivo Visogliano, in a suitably signposted area.

Couples:

The first member of each team, the runner, will start from the grid in the starting area.

The cyclists will wait for their turn at the edge of the transition area. They will be able to enter the race track only upon the arrival of their fellow runner.

For safety reasons, departing bikers will have to cross the transition area on foot with their bikes by hand. The exchange between the members of a team can only take place in the "exchange area" through the "touch of the hand".

Singles:

The start of the race will take place from the grid in the starting area. During their running fraction, the bicycles must be parked in the special stalls located in the transition area. After the running lap, in the transition area, the athlete can change shoes and must wear their protective helmet and fasten it before getting on the bike and continuing their race.

For safety reasons, the transition area must be crossed on foot with the bike in hand, therefore you can only get on the saddle when exiting it.

The entry and exit of a competitor from the race course can only take place from the "transition area", with the sole exception of accidents, injuries and immediate medical assistance.

Any measures in this regard will be at the discretion of the Race Direction.

CHECK POINTS

Various checkpoints will be set up along the route, at the discretion of the organization, to certify the correct transit of participants.

TIMING

Times will be recorded near the transition/finish area. Timing is electronic with a personal microchip which will be delivered together with the race bib.

EVENT INTERRUPTION

If the organization were to interrupt the event for any reason, all the participants on the track at that moment must complete the lap in progress and move to the finish area. The event will be interrupted and, if possible, a ranking will be drawn up on the basis of the results prior to the interruption.

If the event can resume, the final classification will be drawn up as the sum of the times of the two or more fractions.
Otherwise, the final classification will be drawn up on the basis of the classification drawn up at the moment of the interruption.

AWARDS AND RECOGNITION

An order of arrival of the foreseen categories will be drawn up and the first 3 classified in each category (CM - CF - CX - SM - SF) will be awarded.

There will also be an award ceremony for the fastest runners and cyclists (M – F) both in the overall classification and in the special classification of the “Trofeo dei Leoni”.

The individual or the competitors belonging to a team that has not completed the event will not be awarded.

A special prize will be awarded to the teams with the nicest name and/or who best interpret the spirit of the event.

An individual award will be distributed to each participant in the competition

AWARD GIVING AND DINNER

At the end of the event, approximately from 19:00, the awards will take place and, subsequently, a dinner in a covered area of the sports field equipped for this purpose by the A.S.D. Sistiana Sesljan, who kindly allows us to use the facilities and logistics spaces.